

## Being Here

by ryall *Saturday, May 14 2011, 10:32am*

international / prose/poetry / literature



emotions surge  
from the depths  
of Being  
erupting  
to find expression  
on the surface  
where they form  
joyous additions to  
life or violent turmoil,  
destruction and death.

there's no escaping  
the dualities of  
this world  
(while ur on it)

hot-cold  
day-night  
top-bottom  
life-death  
sad-happy  
love-'disappointment' etc.

(there's no shortage of hate;  
i need not  
add to it here!)

this world is characterised  
by the constant tussle  
of polarities

(each) vying one with  
the other  
while remaining  
inextricably bound  
by mutual attraction, definition

there is no life  
without death  
to define it --  
those who talk of life eternal  
know zilch, as life cannot  
exist without death.

polarities are specific  
to this world  
tho we view other worlds thru  
the dualist eyes of terrestrials

the Chinese reduced it perfectly to  
Yin-Yang  
Heaven and Earth.

we cannot accept joy  
without experiencing sadness  
or peace without knowing conflict  
or Freedom without first experiencing  
restriction.

get used to it.

constant happiness is myth  
as is lasting melancholia;  
the pendulum swings  
irresistibly back and forth  
touching both extremes

everything is propelled  
by its opposite;  
nothing is motionless  
in this world,  
tension creates  
everything that is.

earthlings are buffeted  
and taken for the ride  
of their lives

incomplete,  
man-woman  
male-female  
irresistibly drawn to each other

to tussle, merge or mutually  
repel.

the Chinese also offer  
helpful navigation advice  
for this world of dualities;

achieve quiescence through  
action,  
gain through release  
and freedom  
through (singular) dedication.

if you must cry,  
cry tears of joy  
create harmony from disharmony  
peace from war, etc;

never favour one side  
at the cost of the other  
lest the tension increases and  
tears you apart.

[ride easy, ride well.]

🔊 [Celeste - Donovan](#)

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Cleaves Alternative News. <http://cleaves.lingama.net/news/story-2502.html>