

## Doctors warn: so-called Energy drinks are POISONING our teens

by Siobhan Duck via stan - Herald Sun *Sunday, Jan 15 2012, 6:51am*

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*The Corporate and Big Pharma controlled AMA is calling, not for a ban on these clearly toxic, designed for no good purpose, 'energy drinks', but an age restriction on their sale. Clearly doctors are worried about losing their bonus points for that free holiday on the Gold Coast if they step on Big Pharma and Corporate toes, you pathetic, corrupt, gutless, professional no-accounts! But perhaps Aussie doctors may wish to inform the public of the diabetic 'benefits' to any age group a hyper-sweetened, caffeine saturated drink could offer!*



The Australian Medical Association is calling for age-restrictions on the drinks, after a worrying rise in the number of teenagers becoming ill.

Teens are being admitted to hospital emergency rooms after overdosing on energy drinks.

The poisons hotline has received a four-fold increase in calls relating to the high-sugar drinks.

Experts say teenagers are being "poisoned" by the drinks and suffering hallucinations, seizures and cardiac problems.

Research by the Poisons Information Centre shows the average age of those becoming ill is 17, but youths as young as 15 have also overdosed.

AMA Victoria vice-president Dr Stephen Parnis said people did not realise the serious health repercussions of energy drinks - some of which had the same amount of caffeine as 10 or 20 cups of coffee.

"Warning labels would be the very bare minimum that should be done," he said.

"I would think that preventing sales of these drinks to people under 18 is something that we need to look at very seriously.

"Poisoning is not too strong a word to use for the effects of these drinks on some people.

"I have seen teenagers present in emergency with heart rates of 200 beats per minute or so stimulated that their behaviour is extremely distressing to their parents and the people around

them."

Dr Parnis said some teens had an energy drink as a substitute for a bowl of cereal for breakfast, and others used them as a stimulant for study sessions.

Victorian Poisons Information Centre spokesman Jess Robinson said the number of calls it had received about energy drink poisoning had grown from 12 in 2004 to 46 in 2011.

He said symptoms of an overdose included vomiting, diarrhoea, being hyped up and agitated.

Mr Robinson said the brands that had caused the most problems in young people had been Mother, Red Bull, V, Wicked Energy Drink and Xocai.

He said some young people could be using the drinks to get high or a buzz.

"Particularly in adolescents it's hard to tell if they're deliberately trying to get hyped up or if it's an accident," he said.

He agreed the cans should have health warnings.

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*[Additional Note:*

*Imbecilic and PERVERSE State Food Regulators such as the NSW 'Food Authority' continue to focus on safe raw milk products and labelling issues which supermarkets have a field day circumventing, while they turn a blind eye to poisonous Corporate products and AMERICAN fast 'food' outlets slow-killing our population/nation.*

*It's time to look at so-called 'foods' created and packaged by Food Corporations that are CLEARLY deleterious to the health -- and there are many. Take note 'Food Authority' wankers! How any 'Authority' could allow a hyper-sweetened beverage with the caffeine content of 20 cups of coffee to be consumed by minors and young teens is beyond comprehension.]*

<http://tinyurl.com/6lgsm34>

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Cleaves Alternative News. <http://cleaves.lingama.net/news/story-2940.html>